PSHE Long-term overview

Themes	**Water**	**Shelter & Environment**	**Peace**	**Food & Health**	**Leaders & Voice**	**Education & Travel**
Year 1 Topic Question	Where is the world's water?	What impact can we have on our school?	How am I making history, and what positive changes can I bring?	Where does food come from?	What is a Monarch?	How have explorers changed the world?
PSHE Question	**My Healthy Self**: How can we look after our emotions?	**Citizenship**: How can I help others and the environment?	**Connecting with others**: How can I help myself and others feel happy and safe?	**Health protection**: How can I protect myself and others in daily life?	**The online world:** How do we spend time online?	**Staying safe**: How can I stay safe?
Year 2 Topic Question	What is it like to live on the coast?	What did we learn from the Great fire of London?	Why do we remember Florence Nightingale and Mary Seacole?	What impact does the seasons and weather have on what we eat?	What did Clarice Cliff do for the Pottery Industry?	Would you prefer to live in a hot or cold place?
PSHE Question	**Staying safe:** How can I make safe choices in different places?	**The online world:** How can we stay safe online?	**Connecting with others:** How can I build safe, kind and caring relationships with others?	**My healthy self:** How can we look after our bodies?	**Citizenship**: How do people belong to a community and earn money?	**Growing up:** How can we look after and respect our bodies as we grow?
Year 3	Inland water ways – where do they come from and where do they go?	Homes, houses and communities through the ages. What can we learn from the prehistoric past?	Were Romans a force for good?	How can I use the environment to keep my mind and body healthy?	Did the Anglo-Saxons build on the Romans?	How can expeditions contribute to our understanding of the world?
PSHE Question	**Health protection:** How can we prevent illness and injury and respond if they happen?	**Connecting with others**: What helps us feel safe and included?	**The online world:** How can we decide what to trust online?	**My healthy self:** How can I take care of my mind and body?	**Citizenship:** What rights and responsibilities do we have?	**Citizenship:** What careers do people choose and why?
Year 4	What is life like in a place with limited access to water?	Our changing village – Are all settlements the same?	The Vikings were they invaders or settlers?	Roaches and Rainforests – Are traditional lifestyles at risk?	How did Ancient Egypt contribute to the world?	How did Joshua Wedgewood inspire others?
PSHE Question	**My healthy self:** How can I make healthy choices?	**Staying safe:** What signs help me recognise what is safe or unsafe?	**Connecting with others:** How can we respect each other?	**Growing up:** How will my body and emotions change as I grow up?	**The online world:** How can we decide what to trust online?	**Citizenship:** How can I spend money responsibly?

Year 5	Why do oceans matter?	Industrial revolution – Was it a change for the good?	What was the impact of WW2 on British people?	How can renewable energy aid health?	How did the Ancient Greeks contribute to the modern world?	Is education a universal right of the child?
PSHE Question	**Citizenship:** How can we make a difference in our communities and beyond?	**Citizenship:** How can we be in control of our money?	**Connecting with others:** Why are healthy relationships important?	**My healthy self:** How can I support my mind and body as I grow?	**The online world:** How am I influenced by what I see online?	**Growing up:** How can I manage the changes to my body and emotions as I grow up?
Year 6	Is our future in threat from natural disasters?	How can I have a positive impact on my local environment?	How can we stand up for injustice?	What is the cost of food on our plate?	How has leadership changed since the Tudors?	How did the Maya civilisation compare to the Anglo-Saxons?
PSHE Question	**Staying safe:** How can I stay safe as I grow up?	**The online world:** How do I feel about the things I see online?	**Connecting with others:** What does it mean to stand up for myself and others?	**My healthy self**: How do my choices today shape my future?	**Citizenship:** How can we protect everyone's rights?	**S.. education:** How do people become parents and carers? Additional first aid